

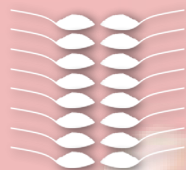
SUFFERING FROM SUGAR

Sugar in our diet contributes to diabetes, cancer and heart disease.

**SUGARY DRINKS ARE
THE #1 SOURCE
OF ADDED SUGAR
IN OUR DIET.**



20 fl. oz.
COLA
(16 tsp.)



16 fl. oz.
ENERGY DRINK
(13 tsp.)



16 fl. oz.
SWEET TEA
(9 tsp.)



16 fl. oz.
ORANGE
FRUIT DRINK
(11 tsp.)



RETHINK SUGARY DRINKS

The HEAL Act funds health and prevention with a small tax on sugary drinks.



The Healthy Eating + Active Living Act will provide Illinois communities expanded opportunities for physical activity and affordable healthy food, like healthier and tastier school lunches, physical education, farmer's markets, and safe parks for kids and families to be active.

SUPPORT HEALTHY EATING+ACTIVE LIVING